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FOR IMMEDIATE RELEASE

FROM: THE INTERNATIONAL ASSOCIATION FOR THE STUDY OF DREAMS (IASD)

DREAM CONFERENCE IN MONTREAL, QUEBEC, CANADA

JULY 8-12, 2008

City Councilor Marcel Tremblay, to deliver Welcome Address

City Council member Marcel Tremblay, brother of Montreal's Mayor Gérald Tremblay, will deliver a Welcome Address from the City to members of The International Association for the Study of Dreams at the opening of their 25th Anniversary Conference on July 8, 2008 at the Hôtel Auberge Universel. The conference is open to the public as well as to IASD members, and will run through July 12, 2008. With a theme of "Dreams Without Borders," over one hundred dream workers, psychotherapists, dream artists and educators will provide presentations and workshops from around the world. The second event, two juried dream art exhibits, will begin during the conference and extend during July and August at the Gallery Art Neuf at Lafontaine Park in Montreal. For information, full program, and presentation abstracts, go to www.asdreams.org/2008

THE LANGUAGE OF DREAMS

Throughout human history, dreams and nightmares have intrigued, confused, inspired and even terrified people. In the 21st Century, new avenues for using and working with dreams are being developed. Exploring dreams is no longer limited to the psychoanalyst's couch. Artists use dreams for creative inspiration; researchers are unraveling the biological functions of sleep and dreams; dreams are being embraced by spiritual traditions to find meaning and solace; dreams are being utilized to heal trauma survivors; educators use dreams in science and humanities courses, and millions are keeping dream journals and joining dream discussion groups in their communities and online.

INTERNATIONALLY RECOGNIZED EXPERTS TO PRESENT

The 25th Annual IASD conference will include over 100 presentations by the world's foremost dream researchers, authors, clinicians, and scholars. The presentations will focus on many facets of dreaming: psychological, biological, cross-cultural, spiritual, educational, and artistic perspectives.

TWO LANGUAGE TRACKS

The conference, though primarily in English, will include a French Language Track. Check <http://asdreams.org/2008/>

CONFERENCE HEADLINERS



Fariba Bogzaran and **Daniel Deslauriers** will open the **Celebration Evening** in honor of the 25th Anniversary of IASD with their presentation titled, "**One Night of Sleep: The Art and Science of Dreaming.**" This multimedia, inspirational presentation will focus on one night of sleep -- from hypnagogia to hypnopompia using scientific discoveries with visual imageries, video, and poetic live appearances.

Dr. Bogzaran is an Associate Professor and Founding Director of the Dream Studies Program at John F. Kennedy University in Orinda, California and **Dr. Deslauriers** is a core faculty member at the California Institute of Integral Studies, San Francisco.



Guy Corneau MA, world renowned and best selling author of *Absent Fathers, Lost Sons: The Search for Masculine Identity and Lessons in Love: The Transformation of Spirit through Intimacy* will discuss "Dreams of Meaning; A Personal Experience". Guy Corneau is a Jungian analyst trained at the C.G. Jung Institute in Zurich and cofounder of the Jung Circle of Montreal. He has given numerous lectures and workshops worldwide. IASD is proud to announce and to welcome The C. G. Jung Society of Montreal as a co-sponsor of this Keynote Address. Please note: Guy Corneau's Keynote Address will be presented in French on Friday morning as part of the conference's French Track, and in English on Friday evening.



Milton Kramer, M.D. will discuss "The Dream Experience: A Systematic Exploration," based on his book of the same title. Dr. Kramer is Visiting Clinical Professor of Psychiatry at the College of Medicine, University of Illinois at Chicago, a member of the American Psychiatric Association and the American Medical Association and a past president of IASD.



Tore Nielsen Ph.D., will explore the topic, "Normal and Pathological Dreaming: Current Research from the Montreal Dream & Nightmare Laboratory," speaking about the latest research findings from his Montreal dream laboratory dealing with both normal and disturbed dreaming. Tore Nielsen is a full professor in the Department of Psychiatry at the Université de Montreal, and Director of the Dream & Nightmare Laboratory at Montreal's Sacré-Coeur Hospital.

CONTINUING EDUCATION

A diverse continuing education program for mental health and health professionals will be offered as part of the larger conference and will be coordinated by Alan Siegel, Ph.D. IASD is approved by the American Psychological Association to sponsor continuing education for psychologists. IASD maintains responsibility for this program and its contents.

THE INTERNATIONAL ASSOCIATION FOR THE STUDY OF DREAMS

The International Association for the Study of Dreams is the only organization of its kind in the world. Founded in San Francisco in 1984, and now based in Berkeley, this nonprofit, international, multidisciplinary organization has a diverse, worldwide membership, with members from over 30 countries, representing a variety of dream-related activities. Some of these include academic research, clinical practice and creativity in the arts. IASD's mission is educational: to promote understanding, awareness, research, and the exchange of ideas about dreams and dreaming.

ABOUT THE VENUE

Hôtel Auberge Universel Montréal

5000, Sherbrooke Street East

Montreal, Quebec, Canada H1V 1A1

Tel.: 514.253.3365, Toll Free: 1.800.567.0223

Located right next door to the Olympic Stadium and Village, The Auberge Universel is also right across the street from Montreal's beautiful Botanical Gardens. This location really captures the feeling of Montreal.

REGISTRATION

Register online for the conference at http://asdreams.org/2008/idx_registration.htm

CONFERENCE AND CONTACT INFORMATION

The IASD *Dreams Without Borders* conference will be open to the public. Approximately five hundred people are expected to attend. Over 100 presenters are scheduled to speak with 6 different breakout sessions in English and one in French to choose from at all times. Reporters are welcome to cover presentations. Please go to the registration desk and request a press pass. Although lectures and seminars are open to all, due to the experiential nature of conference workshops, media access to workshops is strictly limited. Reporters must receive approval to attend from workshop leaders. For additional information on IASD and the conference program visit our website, <http://www.asdreams.org/2008/> You can also call toll-free at 1-866-DREAM12, or write IASD, 672 University Avenue, Berkeley, CA 94703

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